



The Healing Sanctuary
an affiliate of Mountain View Hospital

S U P P L E M E N T S



Niacin

Indicated for Healthy Nervous System

Supports healthy nervous system, skin and cardiovascular function, helps with Raynaud syndrome. This supplement offers the benefits of niacin without the uncomfortable flush. Helps raise HDL (the good cholesterol) and protects cardio vascular system from aging and degrading.

Signs of Niacin deficiency:

- **Depression**
- **Headache**
- **Fatigue**
- **Memory Loss**
- **Hallucinations**

Suggested Use

Take 1 capsule daily or as directed by a qualified health professional.

Quantity: 100 Capsules.

Naturally Occurring in Common Foods!

Inositol Hexanicotinate or Niacin (Vitamin B3) can be found in beef, liver, poultry, fish, fruits (especially cantaloupe and citrus fruits) fiber-rich foods (beans, brown rice, corn, sesame seeds and wheat bran) and nuts.

Other Ingredients

Inositol Hexanicotinate and Gelatin Capsule.



The ingredients in this product are supplied by the well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.