



*The Healing Sanctuary*  
an affiliate of Mountain View Hospital

S U P P L E M E N T S

# Joint Defense

*Indicated for Joint Support*

**Joint Defense is specially formulated to maximize joint health by harnessing the benefits from all-natural glucosamine sulfate, MSM (methylsulfonylmethane), chondroitin sulfate and yucca root extract. When combined, these ingredients have the power to promote wound healing of joints, and improve joint lubrication for pain-free movement.**

- Promotes optimal joint health
- Lubricates joints
- Relieves & prevents joint pain
- Improves joint mobility
- Speeds up recovery of musculoskeletal injury & surgery

## Suggested Use

Take 4 capsules per day with 8 oz. of water or juice, or as directed.

**Quantity:** 120 Capsules.

## Other Ingredients

Yucca Extract, Magnesium Stearate, Rebaudioside-A (Stevia Rebaudiana) & Gelatin Capsule.

## This Formula Includes:

### **Glucosamine** (*Glucosamine sulfate*)

Found naturally within joint cartilage, glucosamine has powerful anti-inflammatory, anti-aging, and cartilage building properties, making it wonderful for relieving disorders like arthritis and chronic back pain. Besides being a protector of the musculoskeletal system, glucosamine also improves digestive health, eases inflammatory bowel disease and leaky gut, relieves TMJ symptoms, and alleviates bone pain.

### **MSM** (*Crateagus oxycantha*)

Has Anti-inflammatory and antioxidant effects. Sulphur, which is a major component of MSM, plays an important role in making collagen and glucosamine, both of which are vital for healthy bones and joints.

### **Chondroitin** (*Chondroitin sulfate*)

An important structural component of cartilage that is key in allowing joints to withstand pressure. Its ability to build and rebuild connective tissue throughout the body makes it a perfect pair with glucosamine to heal injuries, recover from surgery, and naturally relieve pain in the long-run.



*The ingredients in this product are supplied by the well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.*

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