



*The Healing Sanctuary*  
an affiliate of Mountain View Hospital

S U P P L E M E N T S

# Iodoral

## *Indicated for Thyroid Health*

**Iodine is a mineral found in the greatest concentration in the thyroid gland (the next most common gland is the breast). Therefore, iodine plays a key role in both thyroid and breast health. People who are deficient in iodine can improve intelligence, hearing, and poor thyroid function by taking supplements of iodine.**

**It has also been found to benefit women with fibrocystic tender breasts by possibly decreasing breast cysts, breast pain, and breast infections while improving lactation for nursing mothers.**

## Suggested Use

Take one 12.5 mg tablet per day or as directed by a physician.

**Quantity:** 90 Capsules.



## High Potency Iodine Supplement

One 12.5 mg tablet supplies an amount of total elemental iodine comparable to the average daily intake of this essential element. They are formulated to prevent gastric irritation and the unpleasant taste associated with iodine.

Iodine is an essential element. It primarily supports the thyroid gland, but other organs in the body have a need for iodine in order to function normally.



Just like most anything in life, too little iodine can cause problems, but also too much can cause problems. Therefore it is important to have a good grasp on a person's iodine level if there are indications of deficiencies.

*The ingredients in this product are supplied by the well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.*