



The Healing Sanctuary
an affiliate of Mountain View Hospital

S U P P L E M E N T S



Hormone Balance

Indicated for hormone balancing

DIM (3,3'-Diindolylmethane) is derived from cruciferous vegetables. Along with broccoli extract, pomegranate, and nettle, this supplement supports healthy estrogen metabolism. It also promotes hormone balance, and helps to reduce the potential risks associated with hormone replacement therapy. Piperine (pepper extract) helps to greatly increase the bioavailability of the other ingredients.

Suggested Use

Take 1-2 capsules morning and evening or as directed by a qualified health professional.

Quantity: 120 Capsules.

Other Ingredients

Piperine and Gelatin Capsule.

This Formula Includes:



DIM (*Diindolylmethane*)

Has antiviral properties and human sex hormone regulation. Found in: brussel sprouts, broccoli, cabbage, cauliflower, kale, turnips and more.



TrueBroc® (*Glucoraphanin*)

Long-lasting antioxidant found in broccoli. Boosts the body's natural defense against stress caused by toxins and pollutants. Helps maintain a healthy inflammatory response.



Pomegranate (*Punica granatum*)

Improves the anti-inflammatory and antispasmodic effects by reducing muscle spasms in the bowel wall.



Nettle (*Urtica dioica*)

Good source of iron. Supports liver function, fights inflammation, balances blood sugar, remedy for heavy menstrual cycles and a natural energy booster.

The ingredients in this product are supplied by the well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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