



*The Healing Sanctuary*  
an affiliate of Mountain View Hospital

S U P P L E M E N T S

# Cold, Cough & Allergy Defense

*Indicated for Allergy & Congestion Relief*

**This formula blend has been known to help with food, environmental and pollen allergies. Soothes symptoms associated with coughs, colds, upper respiratory infections, asthma, and other breathing issues. The botanical properties in this blend powerfully supports the immune system while also acting as a decongestant.**

## Suggested Use

1 teaspoon in a small glass of water as needed or as directed by a qualified health professional.

**Quantity:** 4 oz.

## Other Ingredients

Licorice Mother Tincture, Cypress, Thyme, and Ravensara Essential Oils.

## This Formula Includes:

### **Black Currant** (*Ribes nigrum*)

Potent anti-inflammatory, antioxidant and antimicrobial effects. Its properties help reduce allergic reactions of skin & asthma airway tightening.



### **Rosehip Botanical Extract** (*Dog Rose Glycerin Macerats*)

Rose hips are the fruit of roses and can be found under the flower's petals. Helps balance the immune system, prevents aging and is rich in antioxidants that help diminish allergic reactions.



*The ingredients in this product are supplied by a well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.*

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