



The Healing Sanctuary
an affiliate of Mountain View Hospital

S U P P L E M E N T S

ADK - 10

Immune, bone, muscle, eye & heart health.

This high potency combination of vitamins A, D, and K work together to support a healthy immune system, bones, muscles, eyes and heart. These 3 fat soluble vitamins aid in supporting bone, heart and immune health.

Not for use during pregnancy.

Suggested Use

Take 1 capsule daily or as directed by a qualified health professional.

Quantity: 90 Capsules.

Other Ingredients

Gelatin Capsule.



This Formula Includes:

Vitamin A (*retinol, retinal, retinoic acid & beta-carotene*)

5,000 IU

Supports eye health, immune system bone health and reproductive health. May reduce acne and is naturally found in: leafy greens, tomatoes, cantaloupe, mango, beef liver, fish oils, milk and eggs.



Vitamin D (*calciferol*) **10,000 IU**

Helps with regulating the absorption of calcium and phosphorus and facilitating normal immune system function. Naturally found in: fish, plant-based milks, beef liver, certain mushrooms and yogurt.



Vitamin K (*phylloquinone, menaquinone, menadione & naphthoquinone*) **500 mg**

Helps with various proteins that are needed for blood clotting and the building of bones. Can be found in: leafy greens, soybeans, and meal replacement shakes.



The ingredients in this product are supplied by the well-respected USA and/or European vendors, and they are HPLA analyzed for purity and quality. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

HealingSanctuary.clinic

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